



# ZOLAI ZUNNA

(An Organ of the Zomi Christian Literature Society)

"Zomi: Minam Picing Hibna Lamah..."

Khol 28, Hawm 138

Dec - Jan, 2018



Dr. Thang Lian Kap' piak



Pa Kham Lian Khai' piak



Tuikhuk apna



ZBCA pan huhna

**Editor. Rev. Cin Do Piang**

# ZOLAI ZUNNA

(An Organ of the Zomi Christian Literature Society)

Khol 28, Hawm 138

Dec - Jan 2018

## Editorial Board

### *Editor*

Rev. Cin Do Piang

### *Joint Editor*

Rev. Lang Suan Thawn

## Members

Rev. Lian Khen Pau

Rev. Job Nang Khaw Thawng

Pr. Thang Khan Khual

Sia Gin Sian Pau

Upa Hang Lian Thang

## ZCLS Thudotpite

Prof. Rev. Dr. S. Pau Khan En

Rev. Dr. Do Sian Thang

Rev. Dr. S. Ngulh Za Thawng

Prof. Dr. C. Thang Za Tuan

Rev. Dr. Thuam Khan Thang

Rev. Khoi Lam Thang

## Circulation Managers

Tg. Gin Suan Tuang

## Book Seller

Lia Cing Ngaih Huai



## A Sunga Om Thute

1. Editorial -----	1
2. Kumlui mangpha, kumthak zingpha -----	2
3. Zingciang-a khualzinna -----	3
4. Khualzin Mikhat-----	7
5. A lawhcing mite-----	9
6. Vaninn hong zuatsan -----	11
7. Na nu anhuan -----	13
8. Lungsim a kilangsak -----	16
8. Mipilte' kammal-----	18
9. Thu tuamtuan -----	19

## Zolai Zunna Tanupite

1. TBA	- TBA WF
2. TVBA gam	- TVBA WF
3. TTBA	- TTBA WF
4. NTBA gam	- NTBA WF
5. STBA gam	- STBA WF
6. Tedim AG Section- AG Section Office	
7. TBC + TCC	- TBC WF
8. Mandalay	- Upa Dai Khaw Nang (MZBC)
9. Yangon	- Secretary, TBC-Y
10. Tahan	- Upa Khup Khan Thang
11. Leipi	- Pa Yum Khan Mang
11. KBC	- Rev. En Khan Hau
12. Adangte	- ZCLS zum, le Pawlpi tungtawnin.

## **Editorial**

### **Jesuh i zonna-ah bang mun ah na omlai...**

Jesuh, a van tokhom nusia-in leitung ah hong kumsukna thu pen Chrismas ci-in leitung bup in ni thupi khat-in kizang hi. Tua thu pen kamsang Isaiah le Micah in zong na genkhol hi a, a hun a cin ciangin nungak Mary naubu kawm in mihing bangin hong piang hi. A pian ciangin zong inn sungah nuam tak le vang neitakin a suak kei hi. Jerusalem khua zuanin a paina lamkal ahi, Bethlehem khua-ah a tun uh ciangin, zin buk teng kidim ta ahih manin gan khawina bukah a tung uh hi. Tua lai-ah Mary in naugil nat veiin a suak ta dihdih hi. Lawmdangte bang hileh, a min pen Lam Piang, phuahpah ziau ding ahi hi.



Jesuh' suahna thu pen van Pasian vahawmna hi a, a suahna thu a kilangsak Khapi zong kilang hi. "Ama aksi ka mu uh hi." ci-in a mual a kuam, kantanin gam tampi khengin tua aksi' paipaina zui-in nisuhna lam mipilte in Jesuh na zong uh hi. Zuizui uh hi, na delhdelh uh hi. Aksi a muh uh ciangin nuam mahmah uh hi. Lawp mahmah uh hi. Ahih hangin Jesuh tak-tak a munai kei uh hi. Ama aksi a muhuh bek nangawn nuam uh a, lam paina gim kisalo, lawptakin Jerusalem khuapi nawkin Bethlehem dong a paisuak uh hi.

*Ama Aksi a mukha mipilte lungdamin, lawp mahmah malam uh hi. Ahih hangin Lai Siangtho a siam, a simsim Laitheite le Pharise mite in Jesuh suahna thu za kha lo, mu kha loin, zong na kan beek lo uh hi. Laisimna theihna lel tawh lungdamna na ngah lo, na mu lo uh a, amauta in Jesuh muak uh cih thu na kigen khalo hi.*

Lawpna le thangahna ciang bek tawh dinkhawl loin a paipai uhleh, a zon taktak uh naungek Jesuh, gan anneknna kuang sungah puan tawh kitun, a mu uh hi. Tuateh, lawp ciang bek hi nawn loin, a neihsa manphate uh suahkhia-in naungek a bia uh hi. Aksi a muhna ciang bek tawh hun sa loin a zonsuak uhleh, Jesuh mahmah va mu uh hi.

Ute naute, na nuntakna ah zong, mipilte mah bangin Pasian hoihna vangtang ciang mu-in a lawp mahmah, tha a ngah mahmah lelciang na hilai

hiam? Aksi muhlel tawh a kilawp thei, a kinuamlua thei himah hi. Tua mun mahah na om lai hiam? Mi pilte bel paisuak suakin Jesuh ngiat a muhuh ciangin, neihsa manpha pente tawh Jesuh a bia uh hi. Jesuh a mu taktakte in hazat, phalloh cihte neinawn loin na piakhia ngam uh hive aw. Jesuh vang le a minthanna ciangah a kibual hi nawn loin a Jesuh mahmah tawh a kimait-uh mipilte ahi uh hi. Tua in amau nuntakna ah kilamdanna lianpi piangsak hi; lamlui nusia-in lamthak tawnin khua lamah a ciah vingveng uh hi. ahih manin,

1. *Jesuh pen ei'te aa dingin hong suaka, a neu lai nangawnin neusen gal-tai (child refugee) ahi hi. Eite zong satan lau-in a galtaite, Jesuh kiang a kibu mite ihi hi.*

2. *Jesuh suahna in Kumpi Herod' tokhom kilingsak a, patausak hi. Piakkhiatna a kihel lo Jesuh thu theihna lawpna lel pen aksi mu mipilte din-mun ciangah omlaina hi a, Jesuh muhna taktakin Khrih aa dingin lungsim, pumpi le neihsa piakkhiatna tawh kizom hamtang hi. Nuntak lui nusia-in lampi thak, nuntakna thak tawh kalsuanna hi. Mainawtna ahi hi. Nang koi dinmun ah na omlai hiam leh?..*

Editor

---

## KUMLUI MANGPHA , KUMTHAK ZINGPHA

Mihing nuntakna pen Pasian vahawmna hangin vantunga om Ni, Kha, aksite kihei zuiin a kikhelkhel kihi hi. Tua kikhelna in hun piangsak hi. Leitung in i tung sunni vial khat a kimkot ciangin ni khatin nai 24 a om, ni 365/6 a sawt kul hi. Tua pen kum khat kici hi.

Kumlui mangpha! 2017 kum pen ni 365 hi a, kantan khin bek hi loin tui luang bangin hong taisan maw, e'n tuili bangin ngap toto hi tam, cih pen theih ding haksa khat ahi hi. Bangbang ahi zongin, kumlui sungin i tuahphatna, i lawhcinna tampite mualkhum ta, zani, tangthu a suak hi ta hi. Tua mah bangin i dahna i kahna i thuakna khempeuh zongin zani, tangthu a suak hi ta a, lunglen huai, lungdam huai cih ding ahi hi. Pawlkhat in kumlui pen ka daupai loh kum, bei mengmeng hen, a ci om ding a; pawlkhat mah in lah ka daupai kum, ka cidam kum ngai mah sing e, a ci zong ki-om veve ding

hi hi. Hi taleh, khuang bang khoh theih lah hi nawn lo mate. Tua ahih manin a sia a pha mangpha khakta ni.

Kumthak zingpha! 2018 kum pen i ngaklah kum thak tuang hong tung i ci phial zongin, aktui bang hi leh a sung a vom ding, a kang ding kithei khol lo ahi hi. Pawlkhat aa dingin daupai kum, lawhcincum, matut kum hi ding a, pawlkhat aa dingin bel dah le kah kum, kumsawt kum, gualleh kum zong suak kha thei ding hi. Deihkeng ci-a nolhtheih lah hi nawn lo hi. A sia a pha in hong maingat gige hi mate. Bang hunciang i phu kha zen tam, a thei khol a omkei hi. Lampi a thei i Pasian bek ahi hi.

Kumthak sungah na lampi sukletu, nel le ham, vot le sa lakah a paipai na hita hi. Hih kumthak lampi azia atong thei hetlo mawk ihih manin kua tawh tonkhawm leng, kua in lam hong pi leh a nuam diam ci-in lungngaih taak mahmah hi. Pasian bek in tua kumthak lampi theikholtuin hi. Amah tawh ton ni. Paikhawm ni. Tua hileh i thuak haksatna le gimna dingte hong phutpih zo ding hi. I ngah ding hamphatnate zong hong puasiamsak ding hi. Amah lo tawh kalsuan lehang sunsawt zansawt in phukhwawng vei-in lamkal-ah i bah kha ding hi. Tua ahih manin, hih kum thak sun-gah Pasian kimakaihsak ni. Hih kum thakin mel nih nei a; siatna le hoihna ahi hi. Tua manin kumthak sungah,

*Thupha ngah dingin upna tawh la inla,  
Thusia hong tun lehzong a phuzo dingin kiging veve in.  
Tua in uplahna hi lo hi.*

Editor.

---

## ZINGCIANG-A KHUALZINNA AH

Zingciang bang sem ding, lungsim in i geel, tua zingciang pen a tun takpi ding kician tuan lo hi, cih la i za mun mahmah hi. Zingciang cih pen i tunngei nai lohna mun, i theih nai loh lampi, i neih theihloh mun khat ahi hi. Zani pen i nusia khin ta hi. Zani hun lungngaih leng, nopna a om mah bangin dahna zong om hi. Lakkik nop a om mah bangin ngaihsutkik nop loh zong tampi mah a om hi. Bang

bang hi leh, ngah nuamin ngah nuam ta keileng, bangmah kilaih theih nawn lo hi. Kibawlpha thei nawn lo hita hi.

Tuni, i tunna panin kumlui nung etkik hileng, asia apha, nuih-na kahna, nuamna dahna a kihelzau gawp ippi khat tawh a kibang ahi hi. A kician thu khat na om a, tuni i nuntak laina pen Jesuh i letkip zawh man hi lo hi. Vanglatna a dim a thahat khut in eite hong kep ma-nin tuni hunah a nungta lai ihi hi. Eite hong keem vanglian khut i cih ; leilevan, tuipi le mualte a bawl khut, van hawmp i sungah ni, kha, aksi tampite a koih khut, eite hong piangsak khut, eite mawhna hangin sik tawh a kikhenlet khut, i puk hun ciangin hong phongto khut, i khitui dam takin hong nulsak khut, bahin i kalsuan zawlloh laitak hong pom khut ahi hi. Tuni dong Ama khutah i om hi. Eite a hong len gige hi. Bang zahin lungdam taak ahi hiam...

Tuni dong hong len khut in zing ciangin zong hong lensuak lai ding hi. Zing ciang hun bel ei khut sungah omlo lua hi. Ei' thu hilo hi. Ahi zongin, i mailam ahi zingciang hun a nei Topa Pasian umin i muang thei hi. I paina ding zingciang khualzinna bangci pai ding ihi hiam.

Khualzin ding ciangin kithawi, kiging khol hihang. A kisam anletui, sumlepaai, meivak, lamlak gamlim cihte i keng hi. Tua mah bangin zingciang i khualzinna ah kigin ding pawlkhat i nei hi.

**1. Lamlak laisuan enin pai ni.** Gam thupite ah koikoi i pai zongin lamlak laisuan na om hamtang hi. I tunna mun le i paina ding mun hong lak laisuan ahihkeh thaltang kawk lim cih peuh na kisuang hi. Lamka bom i paina ding mun ah a tung zui ding maw, a nuai lam, veilam maw taklam ah zui ding cihte na kilak pah lianlian hi. Tua bangin lamlak laisuan le ciamtehna limte en photin, i pai nopna lamah a kizui ahi hi. Tuhun ciangin GPS lamlak hong omta a, olzaw lai hi. Tua GPS in i omna mun, i paina ding mun cihte hong lak thei a, a mun khial lengzong hong hilh thei laizen hi. Leitung mipilte bawltawm GPS nangawn in tuazahin lam hong lak theih ahihleh, na khempeuh

a piangsak Pasian lamlahna in kicianin muan huai mahmah zaw tham lai hi. Lamlahna limtak et ding a kul mah bangin lamlahna thu limtak ngai-in kalsuan ding kisam mahmah hi.

Tua mah bangin i khualzinna lampi-ah Jesuh Khrih kici lamlak laisuan i nei gige hi. Tua pen limtak mitsuinan Ama hong hilh bangin i pai nakleh,i lampi-ah patauhna ding omlo hi.

1.*Na paina ding lampi lakin kong hilh ding hi. Late 32:8*

2.*Na hihna khempeuh ah amah phawk in, tua hileh lampi man hong lak ding hi. Pau.3:6*

3.*Na pilna ding lampi kong hilh zo hi. Pau 4:11*

4.*Tuidam kiangah kei hong paipih hi. Late 23:2*

**2. Pasian kammal meivak keng ni.** Khual i zin ciangin datmei, meigit, khuaimievak cihte i pua hamtang hi. I tun ngei lohna mun le gamte ah i pai ciangin lamkal ah bang tuak ding cih kithei khollo hi. Khuamialna sung i tot leh meivak kisam ding hi. Tua manin eite khut sungah a om kiuhekueh lo zingciang khualzinna lampi-ah khuavak hong pia ding Pasian kammal meivak i keng ding hi. Khu mial bangin a mialthei i nun-tak khuasakna ah koi lampi zuizaw ding cih i theih loh laitakin Pasian kammal meivakin eite lam hong lak ding hi. Hong susia thei lauhuaina tuamtuan panin lampi man hong musakin i zuithei ding hi.

1.*Na thu in kei lam hong lak meivak hi a, ka paina lampi-ah khua vak ahi hi. Late 119:105.*

2.*Na thute gentelna in khuavak sak a, thu theilote tungah thu theih telna a guan hi. Late 119:130*

3.*Na thuciamte kician mahmah a, nangma nasem pa in deih mahmah hi. Late 119:140.*

**3. Thuman ciangkhut tawi ni.** A khanghamte, thahat lote in ciang-khut khunin pai uh hi. Lamto le lamhaksa ah i pai ciangin ciangkut ah kiluai-in tha kila a, lam kipaizo tuam hi. Lamsuk, lammal munte-ah ciangkhut mah tawh kingamin kiptkain kipaithei tuam hi. Tua in i tha hong dawn hi. Hong tawldamsak hi.

Hi hi, tua mah bangin i khualzinna ah khat veivei gim mahmah ding, haksa pi-in i pai hun ommah ding hi. Eima tha tawh i paizawh loh hun ciang, i lungkiat hun ciangin Pasian in hong piak thuman ciangkhut i zat ding ahi hi. Late la phuakpa in, na molhtum le na ciangkhut in kei hong lungmuangsak hi, na ci hi. Late 23:4

Pasian pen lian mahmah a, kamciam manpha hong pia hi. 2Pet.1:4. Tua ahih manin Pasian hong piak kamciamte um le muang takin om lehang, zingciang khualzinna ah bangbang i tuak zongin nuam takin i pai thei veve ding hi.

**4. Galvan namkim silh ni.** I nasep le i maban zui-in kuama ciat i kithawi a, puan i silh hi. I puan silh dan zong a tuam ciat om hi. Nasep puan le galdona puan kibanglo hi. Galkap veve, giahphual-a omte le galmai-ah a omte kithawidan, a silhdan zong kibang lolai kha ding hi. Inn omna lukhu khu loin, gal dona sik lukhu hi ding a, khedap mawk-mawk hi loin gamsung khedappite mah kibulh pah ding hi. Tua mah bangin thu-umte aa dingin zong Pasian hong guat galvan namkim tawh kithawi ding ahi hi. tuate, Eph.6.

1. *Thutak kawnggak,*
2. *Thumanna awmdal*
3. *Lungdamna thugenna khedap bulh*
4. *Upna luum*
5. *Hotkhiatna sik lukhu*
6. *Pasian kammal namsau bangin.*
7. *Tatsat lo thungetna*

Kimaituah-a phut khak ding thute, do ding i galte pen Pasian' galvan namkim silhin dal ding ahi hi. Sanggam aw, i theih nailoh zingciang khualzinna lampi-ah lamlak laisuan ahi Jesuh Khrih limtak mit suanin, Pasian'kammal meivak de inla, thumanna ciangkhut khunin, Pasian' galvan namkim silh kawmin mailam hun a uk Pasian tawh tonkhawm ni maw.

Ref; A kitei ahi hi. Edt.

## **KHUALZIN MI KHAT**

*Keimah in lampi ka hi hi.*

*Thuman thutak le nuntak tawntungna ka hi hi.* John 14:6.

Khualui khua ah a teeng mi khat in a gik tuak mahmah vanpi khat a nungah pua-in khuathak khua ah kisuan dingin a innpan a ding-khia hi. A lalna ding khuathak khua a tun ma gamgi-ah sittelna kongpi (checking post) om a, tua lai-ah kikhawlsak hi. Tua kongpi ah gamgi cing ulian khat in, tua khualzin pa khawlsakin, ama pumpi le a vanteng etsak, velsak hi.

A masa-in ulianpa in , lawm aw, koilai pan hong pai a, koi lai-ah paisawm na hi hiam, ci-in a dong hi. Tua ciangin khualzin pa in a paikhiatna khualui le a paina ding khuathak ahihna a gen hi.

Ulianpa in Kale! Lawm na vangik suahkhia inla, vel dih ni, sit dih ni, a ci hi. Na khualzinna phalna lai le na gam mi hihna lai hong lakin a cih ciangin khualzin pa in lak pah a, a van gikpi zong suahkhia-in a velsak hi. Khualzin phalna lai le gammi hih lai a mu hi. A van gik puak sun-gah hih bang laite zong a mukhia hi.

1. Zu thawl khat
2. Phe bu khat(casino namte)
3. Che ticket bu thum
4. Leibat piak ding kamciamna laidal khat.
5. Thong pan zan deuh mahin a suahtakna lai khat
6. Saikel guk manin a sawt loin thukhen office ah a paina ding lai khat.

Hih bang laite a muh ciangin ulian pa in lawm aw, mi gina het lopi na hi mawk ve maw. Na lai sungah lah thu-um kici lailai zen. Tua leh, khualui khua ah bang pawlpi ah om na hia? Koi lai biakinn ah kikhawm na hia?, a cih ciangin, ka kikhawm ngei kei hi, ka neu laiin tui kiphum mah ing, ahih hangin kua pawlpi cih thei nawn keng , ci lel mawk hi.

Thusit ulianpa zong a lung nuam het lo ahih manin, lamdang sa mahmah hi. En gige-in tua ci ni ei leh, tuin koiah pai ding na hi hiam? Na pai noppna khuathak ah na pai ngei hiam?, a ci hi. Khualzin pa in khuathak ah ka pai ngei nai kei hi, koi lam zuanin pai ding cih zong ka tel kei hi, ahih theih leh lampi a theisa mi khat in lam hong lak leh ka ut hi ci-in huhna a ngenthaluh lai hi.

Tua ciangin ulianpa in, lam hilh ding mi tampi om mah hi. Ahih hangin lampi man sangin lampi manlo a hilh thei mi a tamzaw uh hi. Nangma omzia kinak siat lua khinta na hih manin, na hoikhik nading olpak lo ding hi. Tua ahih manin a hoihpen le a lungmuan huai pen lamhilhpaa kiang na tunna dingin kong hilh ding hi. Tua lam-hilhpaa in,

1. *Lam man hong hilh ding hi.*
2. *Tu-a bangin zu nene, phe kapkap hi nawn loin thu-um kician suakin Pasian le biakna thu tawh na nungta theita ding hi.*
3. *Na nuntak laiteng lung nuam sin nuamin na om theita ding hi*

Tua ahih manin hua gal khat-ah mual dawn-a kiphut sing lamteh na mu hiam? Tua lai-ah pai o. Na siatna na mawhnate na guanna na van gikpi pua-in tua singlamteh phungah ngasuk inla, lamhilhpaa kiangah hong huhna dingin thu va ngen in, ci-in a sawlkhia hi.

Khualzinpa zong ulian pa sawlna mah bangin singlamteh zuanin paipah dildel a, singlamteh phung a tun ciangin a van gikpi suahkhia-in ngasuk kawmin nakpi takin thu a ngen hi. Thu a nget sungin hopihna awnem hih bangin a za hi.

1. *Ka ta aw, tu-a kipanin na nuntakna thak a, lung kham nawn kei in. Upna tawh ka nung hong zui in. Nang kong ompih tawntung ding hi.*
2. *Keimah in lampi ka hi hi. Cik mah hunin lam na tawnkhial nawn kei ding hi.*
3. *Kei pen thuman le thutak ka hi hi. Tu-a kipanin Pasian thu sungah kidiahin nuam na sa ding hi.*
4. *Na nuntak laiteng kong buplak ding hi.*

Tua ciangin khualzin pa in lamlakpa maitang ding mitsuan  
kawmin lungsim siang navak le lungmuang takin lamhilhpa nung a  
zuipah vingveng hi.

Ref. Mitta Thaman, 2009



## A LAWHCING MITE

**M**atutna lawhcinna dingin thuakzawhna, kiniamkhiatna, kuhkalna, thanuamna le eile-ei kimuan ngamna cihte a tawphah ahi hi. Lai siam thei vet lo, a hang khat peuh huhuin sang zong a kah kha lote nuntak kivakna ding a bei hi tuan lo hi. Aihh hangin ukna nuai-ah nasem ding le mi lawhcing suahtheihna dingin mi mai-et siamna, mi muan dinga omna, thuakzawhna le lungkhauhn kuhkalna neih kul peuhmah hi. Bangmah hi ngap lopi, kiphasak mahmah, lungsim lah sia mahmah cihte in guallehna le muhdah thuakna ding kipatna hi hi.

Mi lawhcingte pen lungkiatna ding munah zong lamet bei tuan loin sekdo takin upna tawh ma a nawt teitei mite ahi uh hi. Tua bang mite pawlkhat i gen ding hi.

1. Filmstar minthang mahmah Indian Jones Film sunga limcing **Harrison Ford** hi a, a kipat cil lamin Columbia Film, vice president in amah pen film kizaihna tawh lawhcing ngei lo ding hi ci-in muang loin na nolh ngei hi. Hi taleh, a nungciangin filmstar minthang mahmah khat a suak veve hi.

2. Laibu gelh min thang, **John Grisham** in a laigelh masakpen laibu khen kipawlina 12 le agent 16-te in laibu-a bawl ding taak sa loin nolh uh hi. Tuin ahihleh leitung bup ah laibu gelh minthang khat a suak veve hi.

3. India ah zong a kithei mahmah ahi, Chicken soup for the Soul, cih zong 140 vei phial kikhetsak loin kikoihcip a, tuin ahihleh min tuam-

tuam 65 min pua-in kibawl a, leitung bup ah 80 million val a kikhawng khin laibu ahi hi.

4. Leitunga music composer minthang pen-a kigenden **Beethoven** zong music siampa in , a la le awkaih bel lamet bei ei, cihsan vial hi. Ahih hangin leitung a music composer minthangte lakah a dawkpen pawlmah na hiveve hi.

5. Electric meitang a bawlkhia masa scientist minthang, **Thomasa Alva Edison** zong a sinsak sianu in, nate thu a kan dingin hailua, na cihsan se a, a lawhcinna dingin tul vei bang lung kia het loin na kisin teitei hi. A nungciangin bawlkhia thei veve a, tuni dong a minthanna kigen gen hi.

6. Scientist minthang, **Albert Einstein** zong kumli a phakin pau thei nai lolai hi. A siate khempeuh in amah pen hih ciang tung dingin lamen ngei lo uh hi. Ahih hangin leitunga scientist minthang pente laka khat a suak veve hi.

7. Leitung hupna (gravitation) a mukhia **Isaac Newton** zong lai a siam thei mahmah lo khat hi a, a lo uh kho-in a cinsak uhleh gina tuan lo hi. Ahih hangin, a huan sunga theigah a kung pan leilak ah a kia suk a muhna tungtawnin leitung in hupna tha nei hi ci-in mukhia, tudong a minthang ahi hi.

8. Film a bawlkhia **Watt Disney** zong thu kizakna laihawm( news paper) nasepna ah a sep laiin geelna le a sia apha ngaihsutna kician nei kei, ci-in nasepna pan kikhawlsak hi. Ahih hangin, a lawhcinc, a mint-hang Hollywood film company dong a lawhcinc to hi.

9. Basket ball siam-a minthang, **Michael Jordan** zong tan sawm sang basket ball team panin kideih lo ngei a, lungkia takin innah ciahin lupa-na dei sungah a kap niloh hi. Lungkia suak tuan loin kipan kik veve a, leitunga basket ball siampen a suak veve hi.

10. Tennis sat a siam **Boris Becker** zong a kisin laiin a hilhpa (coach) in a hektum, tangzang kei lua na cihdan mawk hi. Lungkia tuan loin kisin teitei a, leitung bup ah a minthang hi. Wimbledon –a pasal champion lakah kum tawmpen a hi hi.

11. Leitung nungak melhoih laka gen loh kiphawmawh den Marilyn Monroe zong limcing dingin a nget leh makai pa in ithuaina le ngaih-banna na nei kei hi, ci-in na sang nuam lo ngei hi.

Hih bangin haksatna le lungkiatna tampi lakah lungkia tuanloin a hanciam teitei mite mi lawhcing na suak zel uh hi. Hih bang dan mi lawhcing tampi mah gen ding a omlai hi.

Pasian in mikim aa dingin nuntak-kivakna ding thupha hong pia hi. Tua thuphate a khuatkhaia ngap, a khuatkhaia ngamte khempeuh in a ngah uh ahi hi.

*Ref. A kitei ahi hi. Editor*

#### Van inn hong zuatsan Pastor-te

#### **Rev. ZAM KHAN KHUAL (kum 70)**

Laibung khua Pu Tun Thuam (Naulak) le Pi Luan Khaw Cing sungpan 15-5-1948 ni-in suak a, pianpih unau 7 a pha uh hi. 13-2-1966 ni-in Rev. Kham Khaw Kai in Leilum khua ah tui phum hi. Laibung khua ah tan li zoin Thuklai khua ah tan giat ciang kah hi.



Pu Dam Khaw Zam le Pi Dim Za Niang tanu Luan Za Awi tawh 16-5-1969 ni-in kiteng a, ta 10 a nei uh hi. A tate;

- 1.Nu Cing Za Khup + Rev. Hau Za Lang, ta 6
- 2.Nu Niang Khan Nuam + Rev. Zen Za Kap, ta 1.
- 3.Pa Thuam Sian Lang + Nu Dim Ngaih Huai, ta 5
- 4.Nu Zam Khan Dim,PAT + Pa Suan Lian Mung,

- 5.Lia Vung Ngaih Don(late)
- 6.Nu Thang Lun Muang + Pr. Myint Htay,ta 1
- 7.Pa Ngin Tuan Pau + Nu Don Khan Nuam,ta 2
- 8.Tg.Thawn Sian Khai
- 9.Lia Ngin Suan Cing,PAT
- 10.Lia Hau Lawh Lun,PAT

1966-1970 sung ZBTS (Falam) ah kahin Dip.Th ngah a, Assam gam, Jorhat ah BD ngahin Bangalore SAIACS pan MTh a ngah hi.

Falam pan sang a zawh ciangin 1-11-1970 ni-a kipan Laibung Tuiphum Pawlpi ah pastor-in kinei hi. A pian kum 25 cin, 25-2-1973 ni-in Zozang khua TBA khawmpy ah ordination kipia hi. 1979 pan 1989 sung, Thangnuai Tuiphum Pawlpi zong kemkhawm a, 1989 kum bei panin Zung Tuiphum Pawlpi ah zong semkik hi. 1989 kumin Tahan Lai Siangtho sang laihilh ding le Tahan Tuiphum Pawlpi ah sem dingin a ngetna zuiin 1990 January panin 2011 kum dong Church Pastor hihna lenin a sem hi. Tua panin pension a lak dong Mercy Tuiphum Pawlpi ah sem a, Honorary Pastor ahih laitak, 11-12-2017, 5:15 AM hunin, a zile ata, tu 15, mintap 5 nusia-in van inn ah hong ciahshan hi.

#### **Rev. TUAL ZA KAI ( kum 51)**

Tonzang gam Khuabem khua Pu Sing Go(Samte) le Pi Zel Khan Cing in ta li a neih lakah a thumna hi a, 14-11-2017 ni-in a suak hi. 1970 kumin Tamu ah lal uh a, Tamu Tuiphum Pawlpi ah ki-ap uh hi. 1975 kumin sang kah ki pan a, tan giat dong a sin hi. Tua khit ciangin Lamka khuapi ah sangkah zomkik a, tan sawm dong a sin hi.



Tua bangin Lamka khua ah a sang kah sungin camp bawlna pan piangthakna ngah ahih manin Rev. Gin Khaw Hau in 1-1-1989 ni-in tui a phum hi. 1990-1995 kum sung India, Bangalore, BBBC ah kah a, BTh; BD a zo hi. Sang a zawh khit ciangin hong ciah a, ZBCM

kipuh kum tawh kituak ahih manin ZBCM, Kalaymyo ah Mission Secretary vaipuak lenin a om hi. 1996 kum panin Tamu pawlpi ah nasep kipan a, 2002-05 sung, term khat TVBA General Secretary ahi hi. 2005 kumin ordination kipia a, a hu nunung a san dong pawlpi ah na a sem hi.

Pa Fin Gin le Nu Niang Go Cing tanu, Sn. Vung Khan Cing, BA(PAT) tawh 2002 kumin kiteeng a, tapa khat, Go Khat Hawm Piang( tan 5) a nei uh hi. Lamet loh laitak, 17-12-2017, 5:00 AM hunin azi ata, pawlpi nusia-in van inn-ah hong ciasan hi.

### **Na Nu' Anhuan Gensia Ke'n**

*Kap Za Khai (Photoh)*

#### **Nu' anhuan**

Innkuan kipat a kipanin nu mah in anhuan hi. A anhuan pen a pasal leh a tate adingin a lim thei penpen dingin a huan hi a, a pasal leh tate in zong lim kei, tua ci hi, kici tuan loin ne ziahziah lel uh hi. Ataktak in bel nu' anhuan pen leitungah a lim penpen ahih masak loh hang-in ama' itna ankuang ahihna kizui-in nu' anhuan mah ne leng khum ngaungau, lim ngaungau in tha zong om deuh kisa ahi hi. A anhuanna sungah an' vitamin sangin nu' itna vitamin tam kihelzaw cihna hi. Tua vitamin in tate khangcingsak, pilsakin khuasuaksak ahi hi.

Innkuan sunga nu' huan an, sabuai tunga thuksa kikoih nu' khutma ante pen a manpha mahmah, a limci mahmah an ahihna phawk huai hi. I nu om nawn keileh ama' anhuan kine kha nawn lo dingga, i nu zahin itna ankuang hong huansak thei leitungah kuamah om lo ding ahih man hi. Ansai sunga ante tawmvei sungin lim kisa mahmah a, ahi zongin ngaihsunsun le'ng i nu' khutma zah lim taktak lo ahihna kitheithehi hi. I nu in inn nung huan sung pana piang ankam, chinpaung, mehnaal, zaasan cihte tawh a pasal leh a tate adingin an lim penpente nisim in ciimtak loin hong huansak hi. Nu' anhuan mah lim pen cile'ng ka khial tam?

### **Taten nu' anhuan gensia**

Nu' anhuansa ne in mi a suak tate hong gol semsem in, an hong huan theih uh ciangin, tate in amau anhuan siamna suangin "i nu' anhuan min lo deuh, a meh bawl tua kisam deuh ve aw, tuaci tuaci.." ci-in nu' anhuan kigensia thei hi. Tua bang ciangin i nu hehse loin nui hehiau lel hi. Ama' anhuansa tawh a khang a sung piang tate in amau leh amau anhuan thei ta ahinhna a muh ciang a kipak ahi tam maw?

Nu' anhuan gensiatna pen i phawk khak loh hangin nu' hihna a gensiasia ihi mawk hi. Na nasep dan kician kei, kicing kei, kitangsappa tam lailua, na zong hoihtak sem thei keiteh ci-a nute hawmthawh denna na hi gige thei hi. Khatvei lai-in nungak khat in a sanggamte kiangah "keiman i duh danin hong huan ning... i nu in huan leh a tui tamsak lua.." a cihleh a nu in "tua bang pause dah...na piana kipan na nu' huansa tawh a khang hilo nai vua" ciziau hi. I kammal tawh nu' lungsim khasiasak, thanemsak loh ding kisam hi. Ama' hihna zah tawh a anhuan pen ei aa dingin a limpen ahinhna phawk ding kisam hi. Nu' anhuan sangin tate' huan pen a an-in limzaw mah ding a, ahi zongin a vitamin kikhai mahmah, kilamdang mahmah veve hi.

Nu' anhuan i gensiat leh i pian a kipan tu-a dinmun le pumpi taksa i neihna khempeuh a gensia ihi hi. Nu' anhuan tawh a khangcing i taksa i pumpi, i lungsim le khuakte enkik dih ni. Pian a kipan nu nei nawn lote koih phot ni. Tuni dongin nu nei laite in nu' anhuan bangci nasa uh hiam? Nu' anhuan gensiat taak mah ahiam? Leitung ah mi khat i suahna pen i nu' anhuan hang hilo maw leh? Leitung ah tate in a kisam lopi i bawlkak khialhna pen i nu' anhuan gensiatna ahi hi.

### **Nu' anhuan mah limpen**

Gamdang a omte ahi zongin, inn a omte ahi zongin, i lunggulh mahmah thu khat in i nu' khutma mahmah tawh a kihuan, nu' anhuan ahi hi. Nu' khutma mah lim kisazaw thamtham hi. Innkuwan kimtakin

sabuai tungah nu' anhuan nekkhop theihna kan-a a nop mahmah le a manpha mahmah leitung ah om lo hi.

Nu' anhuan in tawldamna hong pia hi. Nuntakna le lametna hong pia hi. Lungnopna le kha muanna hong pia hi. Tha hong hatsak in hangsanna hong guan hi. Mehteh mehgahte ii limna taktak hong theisak hi. Tawldamna taktak le cidamna taktak i lunggulh leh nu' anhuan ne den in. Na pumpi taksa hong no suak semsem dinga, na lungsim le na kha hong cidam semsem ding hi.

Kei zong mun tuamtuan ah ka zin kawikawi thei zel a, ka tun-tunna ah an ka ne hi. Ansai golpipite sungah ka nek hun a om bangin, ansai neucik sungah zong ka ne hi. Ahi zongin ka zin tunna innteknu' anhuante mah lungmuang takin ka ne ngam a, zong lim ka sa mahmah hi. Tua sangin zong, a diakdiakin ka pianna ka nu' anhuan mah ka tuntunna pan ka lunggulhden hi. Khualzinna pan ka tun ciangin ka nu' anhuan lungkim takin ka ne ziahziah a, ka lungdamin ka tawl zong dam hi. Leitung ah an limpen a ne ka hi hi. Nu' anhuan!

### **Nu' kipahna an**

Innkuan sungah nu' lungdam theihna le kipak theihna thu tampi a om lak panin khatin, a anhuanna ahi hi. A innkuau aa ding inn nasemte' huan sangin amahmah in huan nuamzaw den hi. A pasal le a tate in "Nu aw... na khutma, na anhuan mahmah duh ing" cileng a tawl a gim zong phawk man loin kipak takin hong huansak tazen hi.

Khatvei lai-in papi khat a nu kiangah a hawhleh, a nu teek in a khut ling keuhkeuh sa-in anhuan keei hi. Papi pa in a nu kiangah "Nu aw...gimhuai lua teh, anhuan nu huansak lel ve" a cih leh "Ka ta aw, na nu' anhuan na nek lohzawh sawt lua...tuni nong pai sunsun na nu in na nek ding hong huansak nuam ngiat ing" ci hi. Nu' anhuan pen ama' thupha tawh kizom leh kilawm hi. Pasal neisa tanute, inn tuansa tate le khualzinna pan hong ciah tate aa ding nute in amah ngiat in an hong huansak leh tua pen nu' thupha hong piakna hi, cih phawkpah ding hihang.

## **Nu' anhuan mah lunggulh**

Inn nasemte anhuan pen tavuan hang hi a, i nu' huan ahih leh kipakna le itna hang ahi hi. Mun khempeuh ah itna tawh kidim an-kuang khat i nek khak ding haksa hi. Itna, deihsakna, kipakna vitamin tawh kidim an i duh leh i nu kiang bekah kingah thei hi. Midangte' anhuan pen a an-in lim mah ding hi. Pawlkhatte bangin guu khawng na sawh thei lai hi. I nu kiang lo munteng ah lungmuang taka an kine thei lo hi. Tua ahih manin i nu' anhuan bekmah lunggulh huaipen ahinhna ka phawk semsem hi. Anhuan dan a sinte' anhuan lim mahmah kha ding hi. Ansaipite sunga a manpha mahmah ante lim mah kha ding hi. Ahi zongin tuate sangin i pianna i nu' khutma kuama'n ban ngeilo ding hi.



## **LUNGSIM A KILANGSAK GAMTAT ZIA PAWLKHAT**

Mihingte lungsim theihtel zighthna dingin mihingte gamtatna etlelna bek tawh a lungsim uh kithei zo ding a hiam? Mihingte lungsim pen puatham kineihna tawh khentel theih-in om ding ahiam, a ci nuam omkha ding hihang. Hi hi, mihing lungsim pen puatham gamtatna tawh kitheitel zolo hi. Ahi zongin puatham gamtatna ahi hangin kineih theih ahi lo mihing gamtat pawlkhat om a, tua gamtatna-te pen a thupi lo le a gentaak lo tawh kibang ahi manin kineih ding in zong cih tham lo cih ding hiphial hi.

Mihing khat a nuntak sung, a nisim gamtat zia kineih paisuak zo ding cih pen piang thei lo a, zong om zo ngei lo ding hi. An nek tui dawn ciang ahi a, sep le bawlina khatpeuh ah ahi zongin kineihna tawh gamtat ding pen haksa mahmah a, tua banga kineihna tawh gamtatna pen sawt kimang lo hi, cih zong i theihsa mah ahi hi. Tua hi a, i gamtat zia pawlkhat in i lungsim sungtawng thu a gakhia pawlkhat na om

ahi manin, midangte gamtatna ahi a eile-ei mahmah zong a bangci mi i hiam cih theihna dingin in a nuaiah ensuk ding hi hang.

### **1. Khut kilen-a kimaituah hun**

Midang khatpeuh tawh maitang kituah-in a om mi khat in a langa-te maitang en loin mundang khatpeuh a etet leh tua mi nu/pa pen amah le amah a lungsim a kihanthawn zolo mi khat ahi hi. Hangsan loin tawsawn ding kisam hi, cihna ahi hi. Siate tawh ahi a, nasepihte le lawmlegalte tawh khut a kilet uh ciangin kho taka a len mi in kimuanna a nei mi hi a, dam mawh lobuang khutzaw a bangte pen lungsim a thanem mi hi uh a, kimuanna lungsim neilo uh hi. Thu le la khatpeuh ah zong thu haksa sangin olno taka ngah ding le sep ding bek ngaihsunin geel uh hi. Gitlohma lungsim tawh hi loin, midangte tawh a kihou uh ciangin midangte mittang mah a en gige-te pen lawm le gual hau uh a, pawlnuam thei uh hi. Thusim hau loin a lungsim sung a om bangbang genkhia thei uh hi.

### **2. Zianeい / ziakai den**

Nasep tawh kisai ahi a, thu khat peuh hangin, midang khatpeuh tawh kimu dingin na kiciam nak leh zia nei loin, ziakai ngei kei in. Kiciam huna a tung lo mi pen a ngakte lungsim sungah a gualle suak pah uh a, pimuhna om nawn lo hi. Ziakaina khatpeuh a neih ciangin a hang a gen dente pen a tamzaw a ziakainte mah hi thei uh a, hekvek tak a hun a thupisakte in ama ziakaina hangin thu zuaubek lel uh hi. Bang hang hiam cih leh hun thupisak ahi manin, paulap piakna dingin a hun zang nuam lo uh hi.

### **3. Khutcin pet, sam hek**

Naupang ahi a, a khangcing sate ahi zongin khutcin a petpet pawl khat om uh hi. Pawlkhat leuleu a sam uh a khutme kawk tungah vial-in peipei thei uh a, pawlkhat ahi leh a sam uh a koih ciang bek tawh a om zong om uh hi. Tua bang mite pen thu le la khatpeuh ah olno tak a lungkiat ding a sawm lote hi-in a lungkhauh mi ahi uh hi, ci uh hi.

#### **4. A mit hah zia**

Tui ahi a dawntheih khatpeuh ahi zongjin tuate i dawn ciangin i mit hek kibang lo hi. A dawnna hai sunga ente ahi leh amah le amah a ki-encik mi khat hi uh a, kidawm taka a gamta mi ahi uh hi. Ngaihsutna tawh gamta uh a, thu ngaihsut nuamsa uh hi. A dawnna ding a hai ngong a ente ahileh kimlepamte gamtat zia encik nuam uh a, midangte deih zui uh hi. Lungsim siangtho tak-in om uh a, lungkham luat neikhol lo uh hi. ( Lungkham pakpak lo ) Mitsi sa-in a dawnte ahi leh lungkham luatna a neih keileh lungkham nei loin lungnuam mahmah cihna hi, ci uh hi.

#### **5. Lai bangci gelh**

Lai a gelh ciangin laikung kholet uh a, neng kawm piansa-in lai a gelhte pen a lungsim khauh-in amah le amah kimuanna lungsim nei uh hi. Laimal a gol pian a leh midang a lungkimsak dente hithei uh a, laimal a neu luat a leh thusim hau uh hi. ( A lungkim lohna zong a gen ngam pak lote ) Laimalte taklam ah a puksak a leh pawlnuam uh a, gualnopna lunggulh uh hi. Tua bang hi loin veilam ah a puksak a leh ama aa ding bek kikhual cihna ahi hi. Pukna mel a nei lote pen midangte thu tawh buaina a nei nuam lote ahi uh hi. *Job. Cinpi Zomi Laisim Nuamte*

#### **Mipilte' Kammal**

1. Nuntakna pen a ciimte aa dingin sunmang, a haite aa dingin kimawl na, a haute aa dingin ciamnuihna le a zawngte aa dingin tuahsiatna hi. *-Shalom Aleichem*
2. Nuntakna in la hi, sa in; kidemna hi, kimawl in; ton a hi, masuan in; sunmang hi, taksuaksak in; Kipumpiakna hi, piakhia in; Itna hi, nuamtakin zang in. *- Sai Baba*

3. Hih leitungah gualzawhna na ngah nop leh amaute nu ahi noptaalna (luxury)na thah masak kul hi. -Cicero
4. I pumpi aa ding exercise hi a, i khuak aa dingin lai sim ahi hi. -Richard Steele
5. Laibu a sim khempeuh pen kum zalom lai-a mipilte tawh a kihohi ahi hi. -Rene Descartes
6. Lai thei napi-a laibu hoiha sim ngeilote lai thei lote tawh a kilamdanna om lo hi. -Mark Twain
7. Limlang pen mittaw khat aa ding a manphatna a omloh mah bangin, laibu pen mihaite aa dingin a manphatna omlo hi. -Chanakya
8. Nuntakna pen ka thupuak ahi hi. - M.Gandhi
9. Lai tam na simleh tam na thei ding a , tam na theih leh na pil semsem ding hi. -Dr.Suess
10. Nuntakna thupi na sak leh, na un mawk beisak ken. Hun pan nuntakna kilam to hi. -Bruce Lee

*Ref. Zo Phualva ,vol.7,Isuue 26.*

## THU TUAMTUAM

**I. 1 veina Damlo Cialpi le Seminar, Bethel ZBC ah;** A om ngei nailo damlo cialpi le Seminar Nov.22-24,2017 sungin Isa.35:5-6, bul phuhin,Bethel Zomi Baptist Church ah kibawl hi. Nitak sialin Dr.Khai Khan Suan in thugenna hong nei hi. 23 ni zingsang in mi 30 tawh seminar kinei hi. Nitak sial sumpi vekpi lakh sagih val kingah a, 23 ni sunin dam lo mi 50 valte blanket khat ta kipia hi. Innteeek pawlpi in damlo teng bawng 1 gawhin dam lo mi nihte khutsawn leng khat tuak pia uh hi. Rev. Pau Khan Lian(USA) le Rev. Lian Khan Thawng(Ygn) mapangpi ahi uh hi. Lamka panin Mungbawi Neihkhup le a nau, Muanthang (khua mulo) le a zi, lasa Mawi Biak Lian le Jenny (anau) hong kihel thei uh hi. Nuam kisa, thuthak tampi kimuhbeh hi. Zoplai ding kilunggulh hi. *Rev. JoThawngno*

## **2. Kumcin Khawmpite/2018**

ZCLS, .....	Galilee AG .....	April 6-8, 2018
TBA, .....	Sezang.....	Feb.8-10, 2018
NTBA,.....	Gawngmual .....	Feb.8-10, 2018
STBA,.....	Muizawl.....	Mar.2-4, 2018
CTBA,.....	Tuimang .....	Feb.14-18, 2018
TTBA,.....	Tuitangzang.....	Feb. 9-11, 2018
TVBA,.....	Tamu BC.....	Mar.2-4, 2018
HBA,.....	Suangzang.....	Feb.22-25, 2017
TAB,.....	Thangnuai.....	Marc.15-18,2018
KTBA,.....	Cikha .....	Feb.9-11, 2018
ZZBA .....	Lashio .....	Feb.22-25, 2018
KVBA,.....	Tuizang.....	Feb.23-25, 2018
NKVBA,.....	Carmel BC.....	Feb.23-25, 2018
SKVBA,.....	Leipi BC.....	Feb.23-25, 2018
KalaySection2.....	Singzung .....	Mar.9-11, 2018
Tedim Section.....	Kapteel .....	Feb.15-18, 2018

**3. Dr. Kam Khaw Thang Mualsuang;** ZCLS Thu khensatsa om mah bangin ZCLS Hunbit Laitei (1984-2003) Rev.Dr. Kam Khaw Thang' mualsung phuh ding pen ZCLS vaipuak ding ahih manin, pi khat le lang, pi nih a gol suangvom(granite) zangin, Tedim Tuiphum sang-mang huangsung, ama han, a lu khungah phuh ding kigeel a, Jan 18 ni-in kiphus ta ding hi.

## **4. Lungdam kohna:**

- (1) December sungin Upa Kham Lian Khai-te(Galilee AG) innkuan le Dr. Thang Lian Kap-te innkuan (Dec.19;Leipi BC)in in Zum aa ding settee hoih mahmah bu khat tuak hong piakhia uh a, nakpi ki-lungdam hi. Pasian in amaute tungah thupha tampi pia ta hen.
- (2)ZBCA America in ZCLS tungah Dec.13 ni-in Rev. Pau Khan Khai (GS)khut tungpan sum Ks.6400 000- letsongin hong piakhia uh a,

nak pi lungdamna i pulak hi. Pasian in ZBCA tungah thupha tampi pia ta hen.

### **5. Zopuante zahtak bawl ni.**

Ei Zomite in i thupi ngaihsut mahmah puandum, puan laisante a thu-pi mun bek mahah zang leng mi' lakah maizum omlo ding hi. Sabuai phah cihkhawng, nik khawngin teng, uliante vaidawnna kongpi-ah leilik khawngah phah zawzen keileng hoih sa ing. Banghang hiam cih leh Daw Aung San Suh Kyi , i gam ah hong hawh ciangin, puandum a kipia pen a nuam sang sikin lungdam hetlo cih za ing. Tua pen eima haina hi gige hi. Zomite'n a sabuai puan uh hong pia ta lawmlawm, cih kigen hi. Tua ahih teh i puante thupi-a i san takpi leh a thupi munte bek mahah zang leng, a ci nuam hi ing. A telsdiam dingin i kigen ahi hi. Hih thu pen Sia Pausen in facebook panin Nov.15 ni-in hong suaksak hi a, a comment-t ein zong hoih sa-in minam bup theih dingin gen ciat ni ci-in hoih kisa pha mahmah ahih manin i phawk kim theihna dingin teikhia-in kong pulak hi.

*Rev. Go Lian Thang*

### **Myanmar gambup ah Numei Tennis kidemna**

Chin State aitangin Tedim pan mi 3( Lia Cing Tul Mang, Lia Cing Vum Huai, Lia Mang Deih Huai le Tonzang pan Lia Ciin Sian Vung( d/o Thang En Mang) va kihel thei uh a, a nihna hong ngah uh hi, a khatna Mandalay Reg., a thumna Yangon Reg. ahi hi.

**Bawlung siamlui khat in President ngah;** Liberia gam President kiteelna-ah leitung bup bawlung siamlui George Weah in ngah hi. A kidempih, tu-a Vice President Joseph Boakai in vote 38% bek ngah a,, ama'n vote 61% ngahin a zo hi. Amah pen laitan pilna nei mel zong hi lo hi. FIFA in bawlung siam pahtawina Ballon d'Or kici zong a ngah ngei, Africa gam mi khat ahi hi. .... *Thit Thoo Lwin*

## BOOK POST

To

ZCLS Ngimna le Tupna

1. Zomi Khristian khempeuh in Zolai zun in kem cing in a tangzai taka sep zawh nading;
2. Biakna le ngelinate kem in minam itna le khualna nei a gam mihoih suakak zawh nading;
3. Lai nasepna a tangzai nadingin neih le lamh, inn le lo a kicing neih zaw nading;
4. Zomite in aklekkim khang kizom khantohna neih nading;

(အသင်းတော်အတွေး တန်ခိုးတိုင်ရောင်း)

ZOLAI ZUNNA TATMAN

From

The Editor

ZOLAI ZUNNA

Zomi Christian Literature Society  
5/1 Tat Oo Ward, Bogyoke Road  
Kalaymyo 02091, Myanmar

Ph: 073-22643; 09259254881  
09259402110

LUNG DAM!